

Share your experience with Hep C

Treatment support

Discussions on managing treatment side effects
Education on various treatment biomechanics
Reinforcement to follow-thru treatment plans

Supportive care awareness

Discussions on implementing Eastern medicine
Communicating with your support persons
Better ways to navigate the medical system

Optimum treatment response

Tips for proper diet, rest and exercise
A safe space to voice frustration or anxiety
How to stay focused on the goals of therapy



QUAN YIN
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2nd & 4th Thursday of the month, 6-8pm
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